



Environmental Sustainability & Cultural Immersion in Bali

SAMPLE ITINERARY

14 DAYS / 13 NIGHTS





FACULTY-LED PROGRAMS IN BALI



WHY BALI?

Bali is a perfect-fit study abroad location to explore themes in many academic disciplines because it is right at a critical turning point in its development: trying to balance tradition and modernity, cultural sustainability and economic advancement.

Many inspiring organizations have been born out of the need to address these issues and to give the island's people the opportunity to thrive. Bali Institute has developed strong relationships with many of these organizations, and they are excited to serve as excellent real-life case studies for students in your program.



WHY BALI INSTITUTE?

Experiential learning is a passion of ours at Bali Institute because it invites students to tap into their deepest curiosities and invites them to explore the world in new ways. We believe these experiences propel students toward making positive impacts in their own communities.

We look forward to serving as your thinking partner to create an inspiring program in Bali that opens your students' minds to new possibilities in your field and transforms the way they learn.





LIVING CLASSROOMS

COURSE WORK IN THE REAL WORLD

Exploring Bali's challenges through interactions with the island's NGOs provides real-world context for issues discussed in the classroom and makes them come alive. Whether it's snorkeling over a coral restoration site, speaking with a member of the Balinese royal family, or visiting an organization that brings simple technologies to communities in need, our programs are designed to inspire students by creating teaching opportunities in non-traditional environments, or "living classrooms."

Of course, not everything can be taught in the field. Depending on the needs of your course we can also include blocks of time in the program for traditional class sessions and arrange classroom space just about anywhere on the island.

OUTSIDE-THE-BOX CULTURAL EXCHANGE

We also organize mini-courses or seminars with Indonesian students from local universities who are in the same field of study. These exchanges can last anywhere from one day to two weeks depending on your course, and can include field research and projects completed together as an international team. Project-based team work can be a truly inspiring experience for both local and visiting students, as they are challenged to collaborate across nations, think in new ways, and learn about each other's culture along the way.



THE VILLAGE AS TEACHER

Every aspect of our programs is designed to encourage students to engage with the local community in Bali because we believe that every person in Bali has a lesson to teach. We design our programs so that students are not rushed from one activity to the next because in Bali people believe that "time is relationship." The quieter moments before or after an activity when students have time to sit and chat with local people are often when they absorb invaluable cultural insight and learning.



SAMPLE PROGRAM CALENDAR

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Date -->		Day 1	Day 2	Day 3	Day 4	Day 5
Location -->		Ubud	Ubud	Ubud	Ubud	Ubud
Morning -->			Bali Orientation & Bali History Lesson	Class syllabus review Banjar Cultural Workshop: Offerings, Woodcarvings, Balinese Dance, Gamelan Music	Morning Tour: Herbal Walk & Holy Spring Water Temple	NGO Site Visit: Mai Organic Farm
Lunch			Lunch	Lunch	Lunch	Lunch
Afternoon -->		Airport Arrival	Indonesian Language Introduction Cultural Scavenger Hunt	NGO Site Visit: Women's Center	Threads of life visit	Dialogue with Agung Rai, founder of ARMA and tour of Museum Tour Peliatan Palace
Dinner		Welcome Dinner & Balinese Welcome Dance	Dinner together	Dinner at Women's Center	Dinner on own	Dinner with Peliatan Royal Family at Peliatan Palace
Evening -->		Evening Free	Evening Free	Evening Free	Evening Free	Balinese Legong Dance Performance
Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
Ubud	Pemuteran	Pemuteran	Pemuteran	Pemuteran - East Bali Immersion	EBI	EBI
NGO Site Visit: Kopernik	Drive to Pemuteran; Sightseeing along the way including Ulun Danu Beratan Temple	Coral Restoration Project Presentation and Snorkling	Boat trip to Menjangan Island	Drive to East Bali Immersion Eco-Camp	East Bali Cashews Factory Visit	Sunrise Hike Head to Sanur
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
NGO Site Visit: Bali Sari Foundation	Afternoon Free in Pemuteran	Free time by the beach	NGO Site Visit: Turtle Hatchery & meet founder Chris Brown to discuss the development of Pemuteran	Activities at East Bali Immersion Eco-Camp	Rosella Harvest at East Bali Immersion	Visit to Coral Trangle Center
Dinner at Fair Warung Bale	Dinner together	Dinner	Dinner	Dinner at EBI	Dinner at EBI	Dinner
Evening Free	Evening Free	Evening Free	Evening Free	Evening Free	Evening Free	Evening Free
Day 13	Day 14					
Sanur	Sanur					
ROLE Foundation	Head to Airport					
Lunch						
Spend the afternoon exploring Sanur, relaxing, swimming or shopping/ Final Class Session						
Special Final Dinner together on the beach						

DAYS 1- 7: UBUD



Ubud is a thriving village in central Bali that is considered the cultural capital of this tiny island. It is famous as an arts and crafts hub, and much of the village and nearby areas consist of artists' workshops and galleries. Here you find remarkable architecture as well as historical museums, artists, and an array of interesting cafes, local foods, and non-stop ceremonies. The word Ubud comes from the Balinese word for medicine, so it is here that people flock for healing energies, good spirits, meditation, yoga, artistry, and indigenous knowledge.



DAY 1 (D)

- ◆ Arrive into Denpasar, Bali, then head to Ubud.
- ◆ Meet your homestay family and settle into your accommodations.
- ◆ Enjoy your first taste of Balinese cuisine during a special welcome dinner and traditional Balinese dance performance at the homestay.
- ◆ Evening free.

DAY 2 (B, L, D)

- ◆ After breakfast we'll hold a short welcome orientation with helpful hints for your time in Bali, an overview of Balinese history, and an introduction to **Tri Hita Karana**, a central Balinese life philosophy.
- ◆ Lunch together at the homestay.
- ◆ Join a lesson on basic **Indonesian language**—learning some key phrases will be a huge help and will make your time in Bali all the more memorable and special too!
- ◆ Venture out into Ubud village for a team **Scavenger Hunt** and learn more about Balinese culture through interacting with the local community.
- ◆ Dinner together at a local Balinese restaurant.
- ◆ Evening free.





DAY 3 (B, L, D)

- ◆ Gather this morning to review your course syllabus and objectives.
- ◆ Join a fun **introductory cultural workshop** in a village *banjar*, or community center. The *banjar* is where villagers prepare offerings and foods for ceremonies, meet and discuss village affairs, practice music and dance, and just hang out and chat with each other. We invite teachers of traditional Balinese gamelan music, Legong dance, woodcarving, and offering making to give participants an introduction to each of these disciplines. All of the activities you'll try are central to Balinese culture, and there is no better place to experience them than right in the *banjar*.
- ◆ Lunch at the homestay.
- ◆ Afternoon visit to **PKP Women's Center₂**, where you'll hear about the founder's dream to create a space where Balinese women can support each other and learn new skills.
- ◆ Enjoy an amazing dinner catered by the Women's Center's cooking skills class.
- ◆ Evening free.



DAY 4 (B, L)

- ◆ Stroll through winding paths in the lush jungle and through terraced rice paddies on an **herbal walk** to learn about Bali's native plants and how they're used for traditional medicine, food and body care products.
- ◆ Visit to **Tirta Empul₃**, holy spring temple, considered a sacred site to purify the soul and mind by the Balinese people.
- ◆ Indulge in a delicious lunch above panoramic views of the dormant **Mt. Batur volcano₄**.
- ◆ Site visit and workshop at **The Threads of Life₅**, an organization focused on maintaining the livelihoods and traditions of weaving in rural communities.
- ◆ Dinner on own.
- ◆ Evening free.



DAY 5 (B, L, D)



- ◆ Morning visit to **Mai Organic Farm₆**, a community-led movement to preserve traditional and organic agricultural village life in Bali. It was founded when 9 community leaders came together with the passion to farm organic produce and create an educational playground to inspire children to eat healthy and care about the environment.
- ◆ Lunch at a local restaurant.
- ◆ Private tour and coffee with **Agung Rai₇**, the founder and visionary behind the world-renowned ARMA Museum, home to an outstanding collection of traditional Balinese art.
- ◆ Put on your special Balinese outfit to attend an exclusive Royal Palace tour & dinner at the **Peliatan Palace₈**. Members of the Peliatan Royal Family will meet personally with your group and spend an evening in fascinating discussions about issues facing Bali and its culture in the 21st century.
- ◆ Performance of traditional Balinese **Legong dance₉**, at the palace.



DAY 6 (B, L, D)

- ◆ Morning visit to **Kopernik₁₀**, an organization that works to connect communities that lack the infrastructure to use available technology that could improve quality of life, with simple, affordable technology designed to be effective in their specific circumstances.
- ◆ Lunch together.
- ◆ NGO site visit to the **Bali Sari Foundation₁₁**, an organization that provides free health services to Balinese people who cannot afford treatment and/or who live in remote areas of Bali where health care services are limited or nonexistent.
- ◆ Dinner at the **Fair Warung Bale**, the partner restaurant of the Bali Sari Foundation that donates 100% of its profits to the foundation.
- ◆ Evening Free.



DAYS 7 - 10 : PEMUTERAN



Pemuteran is a small fishing village on the northwest coast of Bali. It lies between a gorgeous mountainous region to the south and Menjangan Island in the north, an area considered one of the top dive sites in the world. Pemuteran has the largest area of shallow coral reefs in Bali and is easily accessible, free of strong currents and waves making it perfect for swimming, snorkeling and diving. Pemuteran is home to the largest artificial coral reef project in the world, and the village's model of community-based tourism and conservation has been recognized by the United Nations.



DAY 7 (B, L)

- ◆ Head to Pemuteran, sightseeing along the way.
- ◆ Visit the historical **Ulun Danu Beratan Temple**¹², renowned for its appearance of floating atop Lake Beratan.
- ◆ Lunch together in Bedugul, a cool, mountainous region of Bali.
- ◆ Settle into your accommodations in Pemuteran.
- ◆ Afternoon free to swim, explore Pemuteran, or relax.
- ◆ Dinner on your own.
- ◆ Evening free.



DAY 8 (B, L)

- ◆ Morning case study of the **Biorock Coral Restoration Project**¹³, an amazing initiative using technology to speed the growth of coral reefs.
- ◆ Snorkel over the coral restoration project.
- ◆ Lunch together.
- ◆ Dinner on own.
- ◆ Evening free.

DAY 9 (B, L)



- ◆ Visit **West Bali National Park**¹⁴, a nature reserve that takes up much of the western half of Bali. Head out on a hike to visit the varied habitats in the park that are home to animals like barking deer, wild pigs, and the endangered Bali starling bird. Lunch together at a local restaurant.
- ◆ Visit a local **turtle hatchery**¹⁵ where they are working toward increasing the number of sea turtles in Bali's oceans. Meet the founder of the hatchery and discuss how Pemuteran village transformed from being an area with destructive environmental practices to an area known for its care of the environment.
- ◆ Dinner on own.
- ◆ Evening free.

DAYS 10 - 12: EAST BALI IMMERSION (KUBU)



Kubu is a quiet area on Bali's northeast coast, a very far cry from the highly-developed tourism areas of the south. The area receives very little rainfall throughout the year, making it difficult for the local residents to farm and prosper overall. Although the climate is a challenge, Kubu is an incredibly beautiful area with rolling hills and gorgeous views of the ocean and mountains. And better yet- there is a new industry on the rise in the area- cashews! The dry climate is perfect for cashew trees-- many residents already farmed them but now earn a better living because they can be processed locally.



DAY 10 (B, L, D)



- ◆ Head to **East Bali Immersion**¹⁶ an eco-camp that was created to share the beauty and culture of the eastern coast of Bali, which has seen far less development than other areas of the island.
- ◆ Join a quick orientation and hear a presentation about the social enterprise that spurred the creation of the eco-camp, East Bali Cashews.
- ◆ Lunch at East Bali Immersion.
- ◆ Tour the eco-camp's organic garden and composting project and learn about cashew trees and other drought-resistant crops that have helped local farmers to increase their production and revenue.
- ◆ Dinner at East Bali Immersion.
- ◆ Evening free to hang out by the campfire or relax under the stars.

DAY 11 (B, L, D)

- ◆ Visit to the **East Bali Cashews₁₇** factory, which was founded on the premise that if the cashews grown locally could also be processed locally instead of shipped overseas, it would increase the livelihoods and educational opportunities in the community.
- ◆ Lunch at East Bali Immersion.
- ◆ Visit the rosella fields and learn how to hand-pick these delicate flowers, which are one of the new cash-crops introduced to local farmers. Then bring your harvest back to camp and learn how to turn it into a delicious zesty jar of **rosella jam**, which you get to take home!
- ◆ Dinner at East Bali Immersion.
- ◆ Evening free.



DAYS 12-14 : SANUR

➤ Sanur is a seaside town in southeast Bali made up of a long stretch of beach with calm, shallow waters. Colorful jukung fishing boats rest on the sand and a paved path snakes along the beach for several kilometers. Sanur is home to great restaurants (many with live music), a wide variety of shops, and a relaxed atmosphere despite being closer to the major cities of south Bali. It's a perfect spot to pick up last-minute gifts, lounge by the beach or the pool, explore sights along the beach walkway, and enjoy a final sunset dinner.



DAY 12 (B, L)

- ◆ Optional **sunrise hike** up Bukit Mangun to watch the sun rise over the ocean.
- ◆ Head to Sanur.
- ◆ Visit the **Coral Triangle Center₁₈** for a presentation on preserving marine biodiversity and resources in Bali and beyond, and to try their environmental escape room!
- ◆ Dinner on own.
- ◆ Evening free.





DAY 13 (B, L, D)

- ◆ This morning you'll head to the **R.O.L.E. Foundation**,¹⁹ to learn about their environmental and sustainable livelihoods programs for coastal communities.
- ◆ Lunch together at a local restaurant.
- ◆ Spend the afternoon exploring Sanur, relaxing, swimming, or shopping.
- ◆ Special final dinner together on the beach.



DAY 14 (B)

- ◆ Time to prepare for the journey home, exchange contact info with new friends, and reflect on the memories you created!
- ◆ Head to Airport.



ACTIVITIES GLOSSARY



1. Tri Hita Karana

This Balinese phrase roughly translates to “the three sources of good,” and it is the central philosophy of Balinese life. The three sources it refers to are harmony between people, harmony with nature, and harmony with a higher power. The philosophy is visible in many facets of Balinese life—for instance, Balinese pitching in at their community center or helping neighbors with a ceremony (harmony between people), the ceremonies they perform to bless their rice fields and water sources (harmony with nature), and the thousands of offerings and ceremonies performed daily in reverence of their spirits (harmony with a higher power).

2. PKP Women’s Center

PKP Women’s Center is an organization founded by a Balinese woman named Ibu Sari. Ever since her divorce almost 15 years ago, Ibu Sari dreamed of creating a space where women from all backgrounds can support each other, share skills, and find job opportunities to achieve greater independence. A teacher at a school for children with special needs, Ibu Sari began the organization by holding gatherings for local women after school. Since then the organization has grown considerably, and they now hold meetings for sharing and support, English lessons, yoga, computer classes, and also go on group outings to visit members’ homes, temples, and other areas in Bali. PKP also holds regular cooking and sewing classes, and runs a catering service and sells bags and clothing as part of their fundraising. One of their main goals is to reach self-sufficiency as an organization while providing as many training, education, and employment opportunities as possible for their members.

3. Tirta Empul

Tirta Empul is a temple that has been built around a natural spring, with carved stone fountains channeling the water into a large bathing pool. Balinese families visit Tirta Empul to for purification, healing, and to collect holy water to bring to their home villages. All 33 of the fountains are fed from the natural underground spring which can be seen bubbling up from deep beneath the earth behind the main temple. In Bali it is believed that each of the the main fountains bless or purify the body for a specific ailment or life challenge including stress, breathing, circulation, fertility, emotional balance, career advancement, and love.

4. Mount Batur Volcano

The dormant Mount Batur volcano and the beautiful surrounding Lake Batur are located in Kintamani, a district of the Bangli Regency in central Bali. The breathtaking caldera was formed when the much larger “mother” volcano erupted thousands of years ago, leaving the smaller volcano we see today and it’s surrounding lake in the crater. Mt. Batur has erupted 24 times since 1800 and has greatly impacted the local villages surrounding the mountain. Lake Batur is the largest lake in Bali.

5. Threads of Life

Threads of Life is a social enterprise focused on maintaining the livelihoods and traditions of weaving in rural communities. The founder will guide you through the exhibits, teaching about the textile arts, their cultural roots, and the importance of the gallery’s work to rural areas across Indonesia. They will answer all your questions about natural dyes, motifs, and techniques, and share about the women who made the textiles and baskets.



ACTIVITIES GLOSSARY



6. Mai Organic Farm

Mai Organic Farm is a community-led project that aims to preserve traditional and organic agricultural village life in Bali. It was founded when 9 community leaders came together with the passion to farm organic produce and create an educational playground to inspire children to eat healthy and care about the environment. After collecting fresh ingredients from around the farm, you'll try your hand at making some delicious traditional Balinese and Indonesian dishes in a cooking class.

7. Agung Rai

Agung Rai is the founder and visionary behind ARMA Museum and Resort. Almost completely self-educated, Agung Rai started out hawking paintings on the streets of Bali. Over time he was able to travel the world to buy pieces of Balinese art that had been taken during Bali's occupations by Holland and Japan. He eventually realized his dream of creating a livingcultural museum that helps to sustain the Balinese culture despite the heavy influence of the western world in Bali. ARMA is now recognized as one of the largest collections of traditional Balinese art in the world. Much more than a museum, ARMA is a center for visual and performing arts that provides opportunities for Balinese youth to continue celebrating their culture into the 21st century and beyond.

8. Peliatan Royal Palace

Puri Agung Peliatan (Peliatan Royal Palace) is an original Balinese Royal Palace built in 1769, preceding all other palaces in the region, and was designated as a command center for the family's battalions and other vassal palaces and lordships, during the age of warriors in Bali. The Peliatan Royal Family has been enormously generous with providing resources and access to their beautiful palace on behalf of Bali Institute. Members of the Royal Family will meet personally with your group and spend an evening in fascinating discussions about issues facing Bali and its culture in the 21st century.

9. Legong Dance

Legong is one type of Balinese dance. It is a refined dance form characterized by intricate finger movements, complicated footwork, and expressive gestures and facial expressions. Legong probably originated in the 19th century as royal entertainment. Legend has it that a prince of Sukawati fell ill and had a vivid dream in which two maidens danced to gamelan music. When he recovered, he arranged for such dances to be performed in reality, and so Legong dance was born.

10. Kopernik

Kopernik is an NGO that works to connect what they call "last mile communities," or communities that lack the infrastructure to employ available technology that could improve quality of life, with simple, affordable technology designed to be effective in their specific circumstances. Kopernik balances philanthropic and business approaches in distributing their technology. Their donors fund the upfront costs of introducing technologies and creating micro-business opportunities in remote communities. The money raised from product sales is reinvested in more technology for the last mile. To date, Kopernik has connected technologies with last mile communities in 16 countries in the Asia- Pacific, Africa and the Caribbean.



ACTIVITIES GLOSSARY



11. Bali Sari Foundation

The Bali Sari Foundation provides free health services to Balinese people who cannot afford treatment and/or who live in remote areas of Bali where health care services are limited or nonexistent. In addition to local and international donations, they are funded through the Fair Warung Bale, their restaurant in the high-tourist traffic area of Ubud—100% of the profits from the restaurant go to the Bali Sari Foundation. The foundation has a mobile clinic that visits different areas of Bali once per month, providing free health checks and basic treatments to villagers around the island.

12. Ulun Danu Beratan Temple

Ulun Danu Temple at Lake Beratan is perhaps the most photographed temple on the island and is certainly one of the iconic images of Bali. The temple sits on the western shore of Lake Beratan and it can give the illusion of actually floating on the water. Built in 1633, the temple is devoted to Ida Batara Dewi Ulun Danu, goddess of the lake.

13. Biorock Coral Restoration Project

The Biorock Coral Restoration Project has been running since 2000 as a collaboration between the Karang Lestari Foundation and the Global Coral Reef Alliance. The project has planted around 70 “bio-rock” coral reef structures which have restored the devastated coral reefs and fisheries of Pemuteran Bay. The corals were heavily damaged by dynamite and cyanide fishing methods in the late 1990s, and with large swaths of the reefs suffering, the fish populations also dropped drastically. Two scientists and a local social entrepreneur, the late Agung Prana, came together and started work to install the Bio Rock structures in order to rebuild the coral and reinvigorate the surrounding villages’ economies through responsible, sustainable tourism. The structures are made of metal rods bent into artistic sculptures, which are then hooked up to a low electric current which encourages fast coral growth. Baby corals are planted along the rods and over time, grow into vibrant, resilient coral gardens. In 2012, this project was awarded the Equator Prize by the United Nations Development Programme (UNDP).

14. West Bali National Park

West Bali National Park is located on the north western side of Bali. The park covers around 190 square kilometres (73 sq mi) and contains a range of habitats including rainforest, savanna, mangroves, mountains, evergreen forests, and coral reefs. The center of the park is dominated by remnants of four volcanic mountains from prehistoric periods. The park also encompasses Menjangan Island, a small island off of the Pemuteran mainland that is home to extremely diverse reefs and coral gardens. In recent years the reefs have been harmed by both coral bleaching and the increased presence of the Crown of Thorns Starfish, which eats coral and has almost no natural predators.



ACTIVITIES GLOSSARY



15. Turtle Hatchery

The turtle hatchery is a small operation where they are working toward increasing the number of sea turtles in Bali's seas. The turtles were heavily hunted for their shells, meat, and eggs by people in the surrounding villages, and their numbers were quickly declining. The turtle hatchery has educated the community about the importance of keeping sea turtles abundant and offers to pay a higher-than-market price for live sea turtle eggs found by the villagers so that they can raise them safely in the hatchery.

16. East Bali Immersion

After starting East Bali Cashews (read more below), the founder wanted to share with others the beauty of East Bali and the success of the enterprise in improving the livelihoods of many local people. From this stemmed the idea to create another alternative source of livelihood and revenue for the community: an eco-camp where guests can enjoy the beautiful surroundings, take part in cultural adventures, engage with the work of East Bali Cashews, and immerse in the Balinese way of life. The eco-camp offers beautiful panoramic views and a wide range of activities for everyone- cooking, badminton, volleyball, gardening, hiking-- the list goes on!

17. East Bali Cashews

When the founder of East Bali Cashews first came to the area in 2012, he discovered that farmers sold raw cashews to traders who shipped them overseas for processing. As an entrepreneur, he saw an opportunity for a powerful social venture that would bring livelihood & educational opportunities to the community. Over the years this cashew factory, known as East Bali Cashews, has grown to become an award-winning social enterprise, employing & empowering over 350 people from our village Desa Ban, the majority of which are women.

18. Coral Triangle Center

The Coral Triangle is a marine area including the waters of Indonesia, Malaysia, the Philippines, Papua New Guinea, Timor Leste and Solomon Islands. Named for its staggering number of corals (nearly 600 different species of reef-building corals alone), the region nurtures six of the world's seven marine turtle species and more than 2000 species of reef fish, as well as large populations of commercially important tuna. Over 120 million people live in the Coral Triangle and rely on its coral reefs for food, income and protection from storms. Since it was founded in 2011, the Coral Triangle Center has supplied crucial knowledge and skills to thousands of people striving to maintain the health of the Coral Triangle: people working on the ground in fisheries and in protected areas, scientists, NGO workers, government officials and volunteers.

19. R.O.L.E Foundation

The Rivers, Oceans, Land, and Ecology (R.O.L.E.) Foundation is a nonprofit based in Nusa Dua. The organization was created to stop land-based waste from getting into the oceans, and to help create sustainable jobs to protect the livelihoods of coastal communities. R.O.L.E. provides education and skills training programs as well as grassroots community assistance to alleviate poverty and ensure environmental sustainability. The foundation's headquarters is home the branch of the foundation called Bali W.I.S.E. (Women in Indonesia Skills Education), which provides housing, meals, and skills training for marginalized women from Bali.



PROGRAM LOCATIONS

1. Ngurah Rai International Airport
2. Ubud
3. Pemuteran
4. East Bali Immersion (Kubu)
5. Sanur





ACCOMMODATION & TRANSPORT



SAMPLE ACCOMMODATION



UBUD: MADRAS HOMESTAY

Madras Homestay is traditional Balinese housing compound that is home to internationally-acclaimed Wayang painter, Ketut Madras, and his family. Over the years the family added extra rooms and bathrooms to their home in order to accommodate the many visitors that began trickling in from all over the world to visit Ubud. The family continues to welcome guests into their home, providing a wonderful opportunity to experience life in the village with a kind and welcoming Balinese family. Each morning the family will cook you breakfast and invite you to sit in their central bale space to eat, relax, and begin the day peacefully.

PEMUTERAN: SUDI GUEST HOUSE

Sudi Guest House is a quiet, family-run accommodation nestled in the center of Pemuteran village. With misty mountains in the back and the sparkling ocean just across the street, the guest house is a perfect place to relax and take in the beauty of West Bali. The family who runs the guest house is extremely kind and always happy to help point guests in the right direction, or help to arrange activities in the area.



KUBU: EAST BALI IMMERSION

This beautiful eco-camp nestled in the foothills of the eastern shores allows you to see another side of Bali. Fresh meals from their gardens, impossibly beautiful sunrises and dazzling nights under the stars await! The rooms consist of shared teepees and bungalows with fully-functioning bathrooms and showers close by. There are plenty of common spaces at the camp lodge to sit back and relax, and there are many nearby spots to go on hikes, play games in the fields or go for a swim!

SANUR: ABIAN HARMONY



Abian Harmony is located a quick walk from Sindu beach and Semawang beach in Sanur, where you can watch dazzling sunrises each morning and sunsets behind Mount Agung each evening. At the beach you can meander along to boardwalk and browse the shops or have a meal in any of the great restaurants right on the seashore. The modern, spacious rooms at Abian Harmony are situated around a large swimming pool, perfect for cooling off after exploring the Sanur area! Abian Harmony is about a 25-minute drive from the airport, making it a convenient place to stay before saying farewell to Bali to fly home.

TRANSPORT



We use 12-15 passenger air-conditioned mini-buses while traveling the island to ensure participants' enjoyment, comfort, and safety.

A NOTE ABOUT SUSTAINABILITY

Bali Institute is currently working towards gaining certification through Travelife, a leading training, management and certification initiative for tourism companies committed to reaching sustainability. We believe in continuously learning how to improve the environmental and social impacts of our work because we care about contributing to a positive future for Bali and its people. Assessment for the Travelife certification includes management and performance criteria based on leading international sustainability and corporate social responsibility standards and guidelines.



TERMS & CONDITIONS



SCHEDULE OF ACTIVITIES

- ◆ The activities listed above are based on availability and program scheduling considerations, and are subject to change.
- ◆ The hotels listed are samples that reflect the quality and style of hotels that will be used on this program. Organizers will be informed of the finalized hotels when they have been selected.
- ◆ There are often special ceremonies and rituals that happen on the spur of the moment. We will make every effort to accommodate unplanned events that will add evermore to this spectacular trip.

PROGRAM FEE

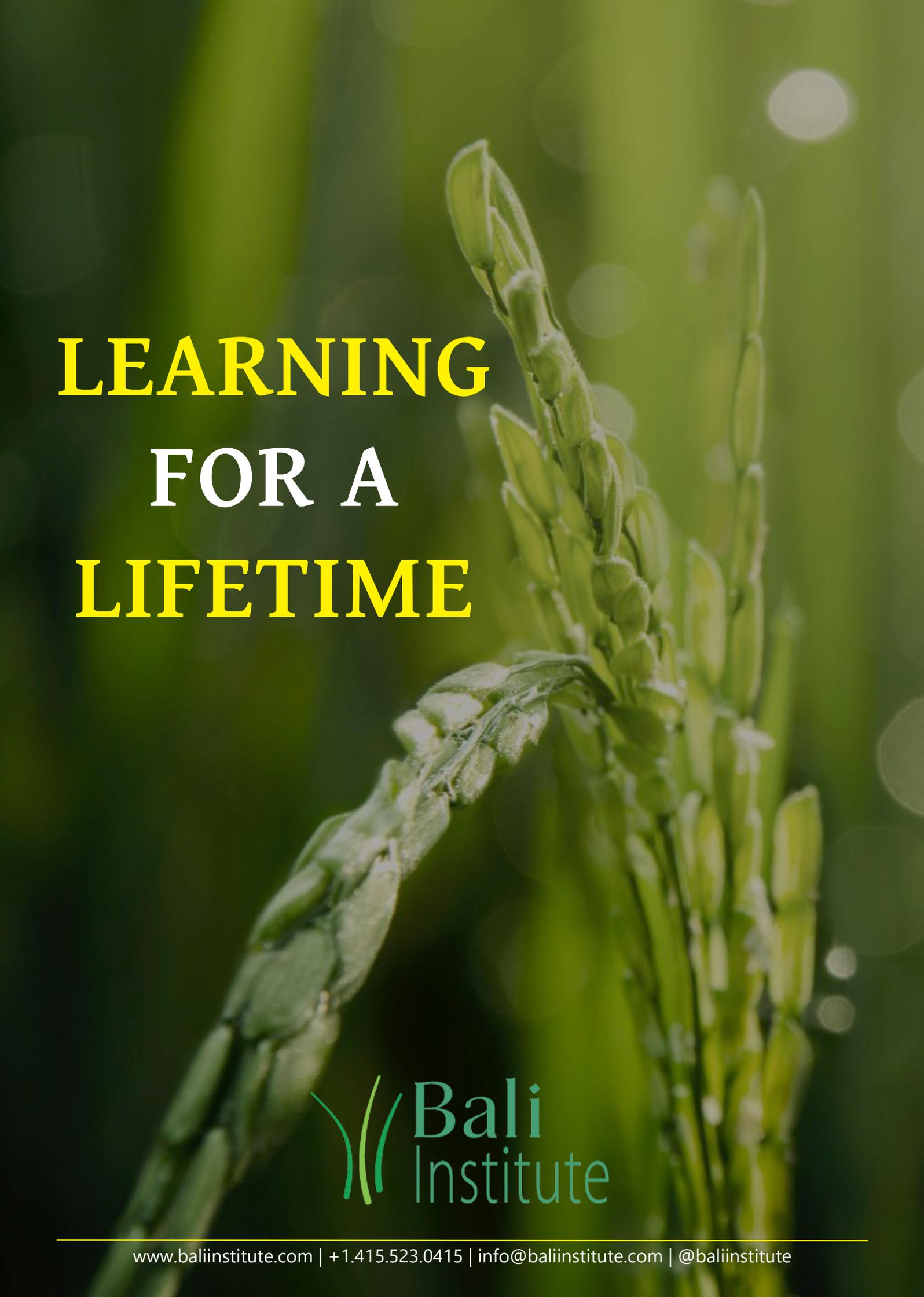
- ◆ Full tour Fee: \$1,750/participant, double and triple occupancy
- ◆ For every 10 students, 1 Group Leader FOC

SERVICES INCLUDE

- ◆ 13 nights double-occupancy in beautiful accommodations
- ◆ All transportation in air-conditioned buses and vans throughout the program for activities listed on the itinerary
- ◆ Airport transfer on the start and end date of the program
- ◆ All breakfasts, all lunches, and 8 dinners as indicated on the calendar itinerary
- ◆ English speaking tour guide(s) and coordination team
- ◆ All activities listed on final program itinerary are included in the per person ground costs, including entrance fees, lectures and donations.
- ◆ Gratuities for local guides and drivers
- ◆ Customized program booklet for all participants with itinerary, program descriptions and other useful information
- ◆ 24/7 Medical and emergency staff support for the entire duration of the program
- ◆ Special gifts including sarong, sash, and journal

SERVICES DO NOT INCLUDE

- ◆ **Visa costs (if applicable)**
- ◆ **Airfare**
- ◆ **Trip cancellation, lost baggage, or medical insurance**
- ◆ **Laundry and personal items**
- ◆ **Optional activities outside of the program itinerary**
- ◆ **International phone calls**



LEARNING FOR A LIFETIME

